

A SWEDISH HOSPITAL PUBLICATION FOR ALUMNAE OF THE SCHOOL OF NURSING

Letter from the SCHNAA Board

Dear Nurse Alumnae,

One key word for the year 2020 might be the word “*change*”. I, for one, resist change. This aversion to change may have started in 1968, when we first learned of the plan to merge our School of Nursing into the four-year degree program at North Park College. My classmate, Rachel Hamilton Doyle and I wrote a letter to the Hospital Board of Directors citing our reasons why we opposed the plan. Despite our effort, change happened.

None of us could have imagined in June 2019, when we gathered to celebrate 50 years since the last SCH class graduated, and held our last alumnae luncheon, that a virus that could cause a world-wide pandemic. The changes our lives have seen in the past few months include sheltering in place, wearing face coverings, practicing social distancing, teleconferencing doctor visits, and virtual church services.



Sue (2nd from left) and friends

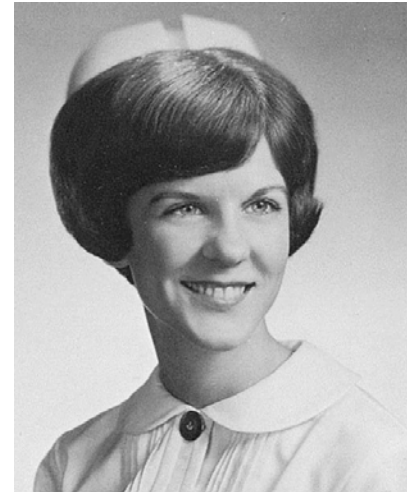
There has been change at Swedish Covenant as well. In January, the hospital officially partnered with the Northshore Health System, which includes Evanston, Skokie, Glenbrook, and Highland Park Hospitals. Although the name has changed, Swedish Hospital is still committed to their original mission, and the nurses, doctors, and hospital staff continue to provide excellent care to their patients during today’s medical emergencies.

Despite these changes, memories of my student days and the lifelong friendships that were formed continue to be an important highlight of my life. The Alumnae’s relationship with the hospital Foundation has brought many warm partnerships over the years. Thank you to Gloria Knuth, Cam Johnson, Sarah English, Kristienne Hanna and now, Jennifer Blitz for keeping our information up-to-date, our memorabilia safe, and assisting us with our annual gatherings and scholarship awards. If you would like to visit the hospital, or perhaps plan a small class gathering, Jennifer will continue to be a contact person to assist you. Please call her at 773-989-6255 or email her at jblitz@schosp.org.

As you look through the pictures in this issue of the *Caring Times*, I hope you will reflect on your days at SCH and remember how the direction of your life has changed as a result of your years here.

May we all face the challenges of change in the days ahead with courage and faith.

Susan Tanner
Class of ‘68



Sue Tanner, Senior Class Photo ‘68



Members of the Nurse’s Choir

50th Reunion Spotlight

On Saturday, June, 8, 2019, the 50th and final Swedish Covenant Hospital Nursing Alumnae Association Reunion was held at St. Demetrios Greek Orthodox Church and was a huge success. Over 101 alumnae came together for celebration, fellowship, hospital tours, lunch and presentations. Alumni representing classes from 1947 to 1969 were present. The reunion celebrated the special class anniversaries of 1949, 1954, 1959, 1964, and 1969, the last graduating class.

After a chapel service and a lovely invocation by Rev. Melanie Tornquist, a delicious lunch was served. After lunch, Vice President of Nursing and Chief Nursing Officer, Kathy Donofrio, provided an update on the exciting things happening in the nursing department at Swedish Hospital. She reminded the alumnae that even though the reunion celebrates the last graduating class, they always have a “home” at Swedish. Alumna Janet McBride ’68 then shared her thoughts on the final 50th reunion, her experience as a nursing student and instructor at Swedish and what the School of Nursing meant to her.

To end the event, all alumnae were invited to take a tour of the hospital or stay, chat and reconnect. Visit www.swedishhospitalfoundation.org/nursing-education to view more photos from the reunion and see past issues of The Caring Times.



Class of 1947:
(left to right): Ruth M. (Roehrs) Kemnitz and Doris (Granstrom) Johnson



Class of 1951:
(left to right): Julie (Holmquist) Klint, Shirley (Starr) Klint, Marjorie (Roskam) Taylor



Class of 1954:
(left to right): Audrey (Mouthaan) Hodgkinson, Miriam (Klint) Palmer, Nancy (Kristoffersen) Dahlberg, Vivian (Anderson) Johnson



Class of 1955:
(left to right): Terri (Rafos) Njaa, Elizabeth M. Merington, Ruth Ann C. Jacobson



Class of 1957:
(left to right): Laurel (Freedell) Nelson, Marcia (Ott) Becker



Class of 1958:
(left to right): Janet McBride, Anita (Gaertner) Lewis-Schnoll, Martha (Carlborg) Farina, Lillian M. (Bengtson) Carlson, Caroline



Class of 1959:
(left to right): Grace (Ellefson) Carpenter, Fran (Murphy) Petroff, Matra (Borgman)



Class of 1960:
Joanne (Yezek) Springstroh



Class of 1961:
(left to right): Cathy (Erb) Cousins, Asta (Rafos) Solie, Marge (Johnson) Johnson, Janet Jones, Dixie (Steel) Sims, Ethel (Franson) Steffey not pictured Carol Olson



Class of 1962:

Top Row (left to right): Kathy (Amsler) Sliemers, Barbara (Lindell) Martin, Charlotte (Nelson) Sundin, Nancy (Johnson) Elaine, Grace (Welch) Carlson-Lund, Marilyn (Johnson) Laird, Joyce (Ohrn) Cochenour, Joann (Weigh) Larson, Alice (Upstrom) Holden, Grace (Matson) Peterson **Bottom Row (left to right):** Karen Bolthouse, Eleanor (Wetzstein) Swanson, Nancy (Nordwall) Lindbergh, Annette C. (Moller) Biggar, Sylvia S. (Shephard) Helser, Sally (Humphrey) Reinhardt, Lois Ann (Conradt) Gaydos



Class of 1963:

(left to right): Judy (Anderson) Johnson, Pat (Jennings) Koontz, Beverly (Green) Henkel, Margaret (Glasser) Davis, Ruth (Vander Ark) Colby, Kathleen (Chaney) Pearson, Sharon (Lindbloom) Eager



Class of 1964:

(left to right): Sandra (Dahlborg) Waarne, Ellen (Klaszky) Schlichting, Carola (Brandel) Anderson, Becky (MacLeod) Schick, Janice (Bason) Anderson, Judith (Manthe) McCammon, Pauline (Nelson) Swanson, Arleen (Johnson) Yoder, Laurel B. Patterson ('67)



Class of 1965:

Top Row (left to right): Mary (Holmertz) Johnson, Barbara (DeJonge) Bergst, Phyllis R. Anderson, June F. (Wilmington) Smith, Carol (Carlson) Zull, Susan (Afleeger) Bolks **Bottom Row (left to right):** Helen (Ford) Rausch, Joan (Johnson) Bickner, Carol (Fellows) Josefson, Phyllis (Smith) Roeder, Pat (Olson) Buckner, Judy (Kiser) Pyne



Class of 1968:

(left to right): Nonie (Lundgren) Wakeman, Donna (Mielke) Clark, Sue (Johnson) Tanner, Sharilyn (Bartsch) Nydam, Jo-Ann (Norder) Lakemacher



Class of 1969:

Front Row (left to right): Nancy (Clark) Colvin, Karin (Hillman) Oeffling, Ruth (Smith) Johnson, Laurie (Schiess) Mettry, Joyce (Walter) Wierenga, Christina (Shupert) Raad, Diane (Ault) Ridenour, Mandy (Rietz) Gonzales, Sheila (Logerquist) Lundquist, Sally (Phillips) Nickerson **Back Row (left to right):** Sharon (Nelson) Johnson, Robin (Craig) Byrne, Ethel "Beth" Erickson, Jeanne



(left to right): Ruth (Vander Ark) Colby ('63), Pat (Jennings) Koontz ('63), Beverly (Green) Henkel ('63), Caroline (Brassington) Shoberg ('58)



Class of '69: (left to right): Mandy (Raetz) Gonzalez, Ann (Andersen) Schroeder, Laurie (Scheiss) Mettry, Robin (Craig) Byrne (in white), Sharon (Nelson) Johnson, Sally (Phillips) Nickerson (Behind Karen) Karen (Hillman) Oeffling Sheila



(left to right): Miriam (Klint) Palmer ('54), Shirley (Starr) Klint ('51)



Back to the camera: Judy (Kiser) Pyne ('65), **Facing the camera:** Sandra (Dahlberg) Waarne ('64)



Janet McBride ('58)



Standing: Becky (MaCleod) Schick ('64), Beverly (Green) Henkel ('63)
Seated: Janice (Bason) Anderson ('64), Judith (Manthe) McCammon ('64)



(left to right): Ellen (Klaszky) Schlichting ('64), Audrey (Mouthaan) Hodgkinson ('54) Sandra (Dahlborg) Waarne ('64)



(left to right): Ruth (Vander Ark) Colby ('63), Judy (Anderson) Johnson ('63)



Sue (Johnson) Tanner ('68)



(left to right): Carol (Carlson) Zull (65), and Helen (Ford) Rausch ('65)



(left to right): Joyce (Ohrn) Cochenour ('62), Nancy (Nordwall) Lindbergh



Doris (Granstrom) Johnson ('47)



(left to right): Ethel "Beth" Erickson ('69) and Sharilyn (Bartsch) Nydam



Kathy Donofrio, VP and Chief Nursing Officer at Swedish Hospital



(left to right): Barbara (Lindell) Martin ('62) and Karen Bolthouse ('62)



(left to right): Laurel (Freedell) Nelson, Marcia (Ott) Becker



(left to right): Caroline (Brassington) Shonberg ('58), Anita (Gaertner) Lewis-Schnoll ('58)



(left to right): Margaret (Glasser) Davis ('63), Ruth (VanderArk) Colby ('63) and Judy (Anderson) Johnson ('63)

SCHNAA Nursing Scholarships & Virginia Ohlson Scholarship:

The Swedish Covenant Hospital Alumnae Association board is honored to present scholarships to a deserving group of Swedish employees/students on an annual basis. Thanks to the generous donations of our scholarship funds, each year, \$1,000 awards are presented to Swedish Hospital staff who are looking to enhance both their education and patient care.

Virginia Ohlson graduated from the SCH Nursing School in 1937 and went on to do extraordinary works in nursing on both the national and international levels. Her love for Swedish Hospital and legacy of learning continues through this scholarship named in her memory and funded by Swedish Hospital nursing school alumni.



Virginia Ohlson, class of 1937

Thank you to all who have contributed nursing dues and donations that have allowed us to make a difference in the lives of these students!

To make a donation and help future nursing students realize their dreams, please contact the Foundation office at 773-293-5121, or email at schfoundation@schosp.org.

2019 Virginia Ohlson Scholarship Recipient:

Christina Vanegas

Level III Staff RN on AP5
MSN Student,
Grand Canyon University
Graduation June 2020



"In my patient care area, I embrace bedside shift report which means not just talking in front of the patient, but Including the patient in the process."

-Christina

"Christina has gone from a novice nurse to assuming the responsibility of primary charge nurse. She has supported the unit with a number of educational needs. She is a great asset to SH!"

-Ruth Orozco, AP5 Manager

2019 SCHNAA Scholarship Recipients:



2019 SCHNAA Scholarship winners with Sue Tanner '68.

Aisha Abdallah

**Family Birthing Center
BSN Student, North Park University
Graduation May 2020**

"The SH nurses were so eager to teach and provide me the opportunity to obtain clinical experience in caring for patients in the FBC. The nurses challenges me to think critically and provide the next nursing intervention." -Aisha

"Throughout her clinical time in OB, Aisha demonstrated compassion and cultural sensitivity, always looking for ways to make patients more comfortable and ensuring that they had resources necessary to communicate in a language in which they felt comfortable."

-Michaela Crotty, OB Educator

Olivia Mott

**Certified Nursing Assistant in PACU, SCH
Clinical Rotations in FBC & 4N
BSN Student, North Park University
Graduation May 2019**

"I learned by doing and witnessing countless moments of compassionate nursing care, inspiring me into the kind of nurse that can be found at SCH. This is the place where I have grown into my calling, and I consider it home." -Olivia

"Olivia stands out as someone with great compassion and patience for all of our patients and families."

-Pat Zeller, Nurse Manager

Kimberly Rosales

**Family Birthing Center
BSN Student, North Park University
Graduation May 2020**

"My experience at SCH was amazing and welcoming. My goals for my future in nursing within 5 years would be me working in OB or specializing in neonatal care." -
Kimberly

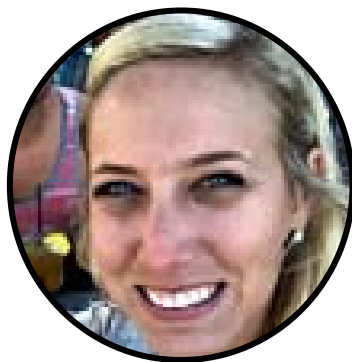
"While at clinicals, Kimberly connected with all her patients, often speaking with them in Spanish and helping to put them at ease. Her cheerful disposition, quick smile and frequent offers to help allowed her to bond with patients."

-Michaela Crotty, OB Educator

2020 Virginia Ohlson Scholarship Recipients:

Katie Freemon

RN OB/Postpartum
Family Birthing Center
MSN Student, Loyola University
Graduation July 2021



"I really try to relate to my patients and get to know them during my time with them as a nurse. I want them to feel ready and knowledgeable when they leave the hospital with their newborn."

-Katie

"Katie started her career as a new grad nurse and I have watched her go from novice to an expert."

-Eva Peroulas, Director

"I have collaborated with the nursing units to help with throughout and staffing principles to provide the best patient care at Swedish."

-LuzSelenia

"Luz works as a bed manager in the nursing office, coordinating many projects. She actively participates in COVID-19 initiatives."

-Aji Lukose, Director

LuzSelenia Hernandez

Nurse Manager/
Nursing Office
MSN/MBA Student
University of Mary
Graduation December 2021



Jessica Hickey

Orthopedic Navigator/
Assistant Nurse Manager
4S MSN Student,
Benedictine University
Graduation December 2020



“As I have progressed in my nursing career, I’m seeing the effects of policy on the lives of nurses and patients.”

-Jessica

“Jessi is a great example of a leader who receives countless commendations from physicians and patients.”

-Jackie Strzalka, Manager

“Furthering my education can help me understand and apply information to make proper judgement through evidence-based practice.”

-Kimberly

“Kimberly is a great resource to all nurses on the unit, demonstrating dedication and commitment to our hospital.”

-Eva Peroulas, Director

Kimberly Sagun

RN in Labor and Delivery
MSN Student
Chamberlain University
Graduation February 2021



2021 SCHNAA Scholarship Recipients:

Nicole Koson

RN, Operating Room
MSN Student
Chamberlain University
Graduation August 2021



"My goal is to continue providing to the community of underserved areas. Working at Swedish has made me grow and learn to appreciate the different cultures that live within this community."

- Nicole

"Nicole is one of the brightest stars in the operating room. She is a formidable open heart nurse, an excellent preceptor and resource."

-Arcia Moss, Manager

In Gratitude

Thank you for the award. I will use the scholarship in obtaining my master's degree in order to become a Family Nurse Practitioner. Working in the nursing field has been an incredible experience and a challenge with working and attending classes. I hope that as a FNP I will be able to continue to provide to the community, work with underserved communities

"As a nurse I have been an advocate for continuity of care to prevent unnecessary readmissions and provide adequate education to patients." -Ron

"Ron is a hardworking, intelligent and compassionate nurse with big dreams. He continues to strive for a better education to improve his skills and knowledge in his craft."

-Princess Banaag, Manager

In Gratitude

Thank you for the award. I aim to play a big role in the healthcare field for our community, and I wanted to let you know how much this means to me and my continued education. I aim to excel even further and be the best provider I could ever be. Many thanks, and I wish you a great year.

Ron Medina

Nursing Supervisor,
Nursing Office
MSN Student,
North Park University
Graduation August 2022



" I treat all my patients with respect by addressing my patients by their preferred names and pronouns to promote a sense of self which has helped to ease their anxiety in the ER." -Margareth

"Margareth is a great preceptor and works well with new nurses, showing them the ropes of nursing and taking the time to make sure not only that they know how to do a skill but to understand why the skill is being done."

-Cheryl Rodriguez, Clinical Coordinator

In Gratitude

I would like to express my sincere gratitude for the generous scholarship. It will enable me to pursue my journey of obtaining a MSN and becoming a Nurse Practitioner. The financial assistance will be of great help in paying my educational expenses and it will allow me to concentrate more on studying. Thank you again for your generosity and support.

Margareth Mohar (pictured with daughter, Camille Kejo)

**RN, Emergency Department
MSN/FNP Student
North Park University
Graduation, December 2022**



Kimberly Tranchita

**Nurse Educator/
Quality Coordinator
Nursing Education
MSN Student
North Park University
Graduation June 2023**



" In addition to caring for patients, I would like to support nurses. I feel my many years in the ED give me a valuable perspective to contribute. I would like to continue to be a voice to represent nurses, the ED and the SANE program as a leader" -Kimberly

"Kim is always looking to learn and share her knowledge. She has reviewed ED policies and facilitated our latest skills day which was a huge success!" -Kim Leslie, Director

In Gratitude

Please accept my sincere thanks for the scholarship and recognition. I have worked at Swedish Hospital for 16 years in the Emergency Department as a staff nurse, triage nurse, charge nurse and forensic nurse. I recently decided to return to school to pursue a career in education and leadership. I feel my boots on the ground experience will help me to give a voice to my very courageous colleagues.

Eileen M. Hallman Endowed Scholarship

After graduating from Swedish Covenant Hospital's School of Nursing in 1954, Eileen began her nursing career at Hines VA Hospital in Chicago. It was there she met the love of her life, George Hallman, with whom she started a family and shared a life of compassion and service. Eileen was devoted to nursing, her family, her church and running marathons across the globe with her husband at her side. This endowed scholarship was created in memory of a remarkable woman and nurse, whose devotion to helping others will inspire future generations of nursing students.

In a loving tribute to Eileen's life of generosity, compassion, and service to others, Dr. Hallman created the *Eileen M. Hallman Scholarship*, an endowed scholarship at Swedish Hospital which will provide tuition assistance in perpetuity, to a Swedish nurse seeking to continue his/her education. To learn more about how you can create a lasting tribute to a loved one now or in your estate plans, please contact the Foundation office at 773-293-5121, or email at schfoundation@schosp.org.



Dr. George and Eileen Hallman

2021 Eileen O. Hallman Scholarship Recipient:

Ashley Tiongson

RN—4East

BSN Student, Southern Illinois University Edwardsville

Graduation May 2021



"For my future career planning, I am interested in transferring to ICU in the near future to expand my experiences and gain more confidence in caring for the critically ill patients."

-Ashley

"Ashley is a great resource on the unit. She educates students, is often a preceptor and is willing and able to do whatever she is asked to do."

-Lisa Lozeau, Director

In Gratitude

I am honored to be the recipient of the Eileen Hallman Scholarship. I cannot not thank you enough for giving me the financial assistance that will enable me to keep continuing my academic career. My ultimate goal is to get my master's in nursing education and someday I will be given the opportunity to work as a nursing educator in a hospital. I hope that one day I can make significant contribution in shaping the next generation of newly graduated nursing professionals and share my knowledge.

2020 Eileen M. Hallman Scholarship Recipients:



Natalia Georchelidze

Certified Medical Assistant,
Nurse Midwifery Services
BSN Student, Olivet Nazarene University
Graduation December 2021

“Nursing is the most trusted, ethical and sound profession. I want to be a nurse because I really want to help people through some of their most valuable moments.” -*Natalia*

“Natalia is a dynamic Swedish employee. She displays Jean Watson’s Caring Theory in practice.” -*Maureen Prale, Manager*



Marisol Gomez

Certified Medical Assistant
Infusion Center
BSN Student, Chamberlain College
Graduation September 2021

“After graduation, I want to work in Oncology and become an oncology certified nurse.” - *Marisol*

“Marisol is a knowledgeable, experienced and compassionate CMA. She provides excellent care and customer service.”
-*Elizabeth Miniscalco, Director*



Amanda Kownacki

OB Tech/CAN, Family Birthing Center
BSN Student, Chamberlain College of
Nursing
Graduation March 2021

“Since I started working at Swedish, I discovered that I have become stronger as I found that I also have an aptitude for emergencies and dealing with stress.” -*Amanda*

“Amanda is a very hard working tech. She volunteers to go to other units and is always cheerful and helpful at work.” -*Eva Peroulas, Director*

Swedish Covenant Health and NorthShore University HealthSystem Merge

Swedish Covenant Health has served the diverse communities of Chicago’s North Side for more than 130 years, and on January 1, 2020, the hospital and its various clinical entities became Swedish Hospital, a part of NorthShore University HealthSystem.

While our name has changed, our commitment to mission-based patient programming has not. Swedish is committed to helping our employees succeed and grow and helping the most vulnerable of our community heal through exceptional and compassionate patient care and services.

Every dollar donated to Swedish Hospital goes back to the community; whether it is used for Swedish employees or our patients. You can feel confident that a donation to the SCHNAA Scholarship Fund, for example, will continue to assist Swedish nurses in their educational aspirations. The same can be said of a gift to any of our other programs– from *Helping Hands* to the *Pathways* (formerly our Violence Prevention Program).

For Swedish, the connection to our community is personal. These are neighborhoods where many employees live and work. Both Swedish and Northshore share a belief that the best healthcare is local, rooted in the community and defined by positive relationships and quality services. Through this creative partnership, NorthShore and Swedish remain committed to serving Chicago’s North Side neighborhoods through robust physician and ambulatory care networks. Together, we’ll develop best practices in care delivery to support long-term growth to thrive in today’s evolving healthcare environment.

IN LOVING MEMORY

<i>Geneva (Noren) Christensen</i>	'47	03-17-19	<i>Marianne (Johnson) Lennon</i>	'57	06-20-20
<i>Eileen (McKeever) Hallman</i>	'54	06-27-19	<i>Judith Kincel</i>	'59	07-14-20
<i>Florence (Harmening) Kallem</i>	'50	07-08-19	<i>Beverly (Kampf) Samuelsen</i>	'52	08-14-20
<i>Phyllis Frost</i>	'48	07-19-19	<i>Lesley (Thunander) Olson</i>	'64	10-12-20
<i>Priscilla (Anderson) Simpson</i>	'64	07-20-19	<i>Darla (Haley) Auer</i>	'57	10-19-20
<i>Eldora (Wenell) Swedenburg</i>	'42	12-02-19	<i>Marilyn (Myhren) Sandberg</i>	'50	01-10-21
<i>Anita (Mourer) Swedberg</i>	'55	12-13-19	<i>Jane (Brassington) Rigsbee</i>	'50	02-09-21
<i>Nina (Trankina) Lacey</i>	'52	12-25-19	<i>Anne Priest</i>	'55	02-11-21
<i>Joan (Anderson) Goodwater</i>	'59	04-03-20	<i>Ruth (Sunberg) Johnson</i>	'47	05-31-21
<i>Nancy (Kristoffersen) Dahlberg</i>	'54	05-31-20	<i>Doris Soderstrom</i>	'46	06-25-21
<i>Helen (Beckstrand) Edelnant</i>	'43	06-13-20	<i>Effie Ness</i>	'49	07-03-21

We are grateful for those who have left a legacy of compassion by including Swedish Hospital in their estate planning. If you would like to inspire the next generation of nurses, please contact Jennifer Blitz at 772-989-6255 or jblitz@schosp.org

The Caring Times is a publication of Swedish Hospital's Nursing School Alumnae Association and produced by Swedish Hospital Foundation. To learn more about the Hospital's current programs, upcoming events or to make a gift in support of Swedish Hospital, please call 773-293-5121. Please send any class notes or address updates to: **Jennifer Blitz, Swedish Hospital Foundation, 5145 N. California Ave, Chicago, IL 60625** More information can be found at SwedishHospitalFoundation.org



Swedish Hospital Foundation
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Chicago IL 60625
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